

Prem Rawat: Peace is Possible

korte utdrag fra boken om hans budskap



Prem Rawat - Maharaji - vår tids største predikant om fred - holder foredrag for millioner av mennesker verden rundt - hvert år! Allerede som tenåring startet han i sin fars fotspor, med å fortelle at lykken har vi alle fått i gave - det er bare å finne den - inne i seg selv!



-til beste for mennesker og natur

Life is so beautiful.

People take misery and life and mix them together and put them in a suitcase. Every time they open it, they find life and misery together. Life is really not misery. Take the misery away, and what is left is life itself, which is so beautiful.

Happiness lies within you,

and thus it is your treasure. You can take it, but you don't have the key to it. Everybody has lost their keys. And the true master has the key for all the safes.

The purpose of life.

People really should understand who they are and what is the purpose of life. And that is something to feel, not be told. This Knowledge is an individual experience for everybody. And everybody can actually feel it within their heart.

Your dream can be true.

The love that we all talk about, that we all are looking for, can really come. That peace, our dream, can come true. And the truth is that all these things that we have been dreaming of ever since this human race came, we can get it all. Our dreams can really be true. It's very, very possible.

The only satisfaction is peace inside.

We are all looking for some kind of satisfaction. There are different kinds of satisfaction in this world. But there is one satisfaction that we all are looking for. And that is peace. And remember that peace is not outside. Peace is inside.

Within you is the beauty.

If you go into that beauty from where the source of all beauty is, you can't even imagine how beautiful it is. Within you is the source of that beauty. I can't tell you how blissful it will be, how beautiful it will be. It's completely unimaginable.

Are you fooling yourself?

Happiness is not something that you can just simulate. Happiness is happiness. You cannot create an environment, sit in the middle of it, and say, “Yes, I’m extremely happy.” But people try to do that. There aren’t very many people who have enough courage to stand up and say, “Wait a minute, these things aren’t really making me happy. I’m just fooling myself.” But if we want satisfaction, it all begins right from that point.

Why are we here?

These questions have been here almost since there has been a human race on this earth: Why are we here? What are we doing? What is it all about? The answer is in our hearts, all locked up. We want to get at it, and it is like a treasure hunt because we know there is something very precious within us.

Enjoy life - your biggest trophy.

We have such a hard time understanding that this life is the biggest, most wonderful trophy we could ever have. And we already have it. If there were a race, it has been won. Now is the time to be, to relax, and to enjoy. Enjoy this trophy. Admire and appreciate, love and understand, and be proud to be alive.

What is the ultimate wish?

There is only one wish for all human beings on the face of the earth. Just one. And that ultimate wish is to be content. To be satisfied. To be in harmony. To be in that place where this life is adorned with the jewels of joy. That is the ultimate wish.

You want to be happy.

Ask yourself for a moment what is really important to you - not by anyone else’s definition, but your own. Peel away the roles you act out every day, and you will find a being. A being that cannot be put into a box. A being that isn’t good or bad - just a being. A being that wants to exist, that wants to learn, that wants to appreciate. A being that just wants to be - happy.

Trust yourself!

Some people trust in leaders, but people don't trust in themselves. Why? When we, the citizens of this earth, start to trust in ourselves and the changes we want to bring, when we start to trust that truly, truly we want world peace, then it won't even take one day to establish it.

Look at yourself.

I am trying to get people to look at themselves and say, "Here I am. I am alive, and that means something, and I have this potential that I can do something. Well, what can I do? How can I make it all very right for me, or very joyful for me, or very simple for me, so every day that I am alive I can truly say, "Thank you"? Thank you for this life; thank you for what I have.

Maybe this is too idealistic for a lot of people, but to me, this would be a great game plan to have and to work toward succeeding in that because life is all too precious.... You know you cannot go to a bank and withdraw a little more life. Just can't do it. What you have is what you have, and you've got to make the most of it. I mean, so many of the business things that we do, if we could just apply some of that time to ourselves, I think it would be wonderful.

Let your heart be your priority.

Don't forget the commitment to this heart. Grab the moment. There are many things important to you, and their priorities will change. But your heart, your feeling, your fulfillment. This priority will never change.

I have found the truth.

Elisa Davies, a mortgage broker from London, commented, "What Maharaji said felt like it was addressed to me individually. After all my searching, only now do I understand that what he is talking about is exactly what I have been missing."

Falling in love.

Heather Alverston, an interior designer, said, "Listening to Maharaji makes me feel happy, especially when he touches on the subject of falling in love with life, of enjoying every moment, knowing myself. It was as if I was seeing myself for the first time."

Almost like a strategic plan for our own well-being?

Yes. A plan that says, “Look. This is my goal. This is my vision for myself. I see myself happy” rather than just, “I see myself prosperous”. And when people are looking towards that happiness, Maharaji can help.

Poet and writer Marie Smitt Nielsen said:

“I watched a satellite transmission of one of Maharaji’s speeches, and his words immediately sank into my heart and warmed it... because for as long as I can remember, I have had a longing to hear something of this kind, something that I felt was relevant to me and my life. I thought, at last something useful! A kind of human intelligence I can use. Funnily enough, I felt that I knew every single word beforehand. Maharaji’s words were like an echo of an inner truth in my heart and that longing for peace.”

“All through school and university, I was waiting to discover some useful information that could make sense to me in my life about this existence.... about why I am here and what it means. In school I learned a lot about Danish, English, history, society and mathematics and later at the university about storytelling, Shakespeare, Karl Marx, theories about text and languages, but I never felt, “Yes, now it all makes sense!” That feeling came the night I heard Maharaji for the first time. It feels like I have embarked on a new education, the real education about life and my experience with this existence. And I am very much looking forward to enriching my life further with the experience that he speaks of and offers.”

“Who tells you about your strength?”

“That strength that every human being has, that is unwavering? Who tells you that you have the strength to plow through the roughest oceans, to shine bright in the darkest night? That is your strength and your reality. That is your heart and your goodness. And that is your wisdom, the truest wisdom. Of all the knowledge you can accumulate, the greatest knowledge would be the knowledge of your own self.”

Peace is possible.

I've been talking about peace since I was very young. I go around the world and try very simply to put my message in front of people, and I say, "Peace is possible." Begin by accepting that possibility in your life. You are the source. From each one of you, it begins. It will be the effort of everyone that will make peace possible. Each one of us. If there ever was a gift, this is the gift. If there ever was a time, this is the time. If ever there was an opportunity, this is the opportunity.

Personal peace - this is what my message is.

Personal peace is very possible because it has nothing to do with struggles on the outside. It is time to rethink what it means to be alive. It is time to think about the gift we have been given. All the citizens of this earth need hope. Future generations need hope. Peace has become a hollow word that people say but don't mean because nobody knows how to go about it. The clue lies in knowing yourself, knowing who you are. Wherever you go, you carry the well of peace with you. You have to know how to turn within. There is a beautiful possibility.

This is what my message is.

You have been forgotten.

"My message is not about the world politics. It is not about the world economy. My message is about you. Just you, because in this world of economics and politics and wars, you have been forgotten. Nobody remembers you, and you have forgotten yourself. I go around the world to remind people of themselves. You. You, who were given the opportunity to be alive. Where is freedom? Freedom is within you. Where is you? Joy is within you. These are your companions, but you don't know it."



Find your personal peace.

Kjære leser!

“Nøklen” (The Keys) kan du bestille gratis på
Nøklebiblioteket v/Ruth Holsted
Vildalsv. 13, 0678 Oslo

Hvert album består av 5 DVD-er, som du får pr. post.
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