

*Korte utdrag fra
Dr. Jerry Tennant
Dr. Hulda Clark*

God tannhelse

er grunnlaget for å holde seg frisk



















En rotfylt tann, eller i hulrommet under en trukket tann, samles ofte giftige mikrober med systemisk tilgang til blod og lymfebaner. Dette kan være hovedårsaken til mange kroniske sykdommer og kreft.



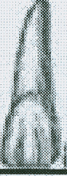











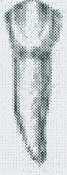



-til beste for mennesker og miljø

The tooth chart - left side

Duodenum Middle Ear, Shoulder Elbow, CNS	Sinus: Maxillary Oropharynx, Larynx		Sinus: Paranasal and Ethmoid, Bronchus, Nose		Sinus: Sphenoid Palatine Tonsil Hip, Eye, Knee	Sinus: Frontal Pharyngeal Tonsil Genito-Urinary System	
Heart, Small Int., Circulation/Sex, Endocrine	Pancreas Stomach		Lung Large Intestine		Liver Gallbladder	Kidney Bladder	
							
1	2	3	4	5	6	7	8
32	31	30	29	28	27	26	25
							
Heart, Small Int., Circulation/Sex, Endocrine	Lung Large Intestine		Pancreas Stomach		Liver Gallbladder	Kidney Bladder	
Shoulder, Elbow Ileum, Middle Ear Peripheral Nerves	Sinus: Paranasal and Ethmoid, Bronchus, Nose		Sinus: Maxillary Larynx, Lymph, Oropharynx Breast Knee		Sinus: Sphenoid Palatine Tonsil Hip, Eye Knee	Sinus: Frontal Ear, Pharyngeal Tonsil Genito-Urinary System	

As you can see from the graphic, teeth are wired into the circuits. Notice for example, the breast wired into the stomach circuit. Another way of thinking about it is that the breast gets its voltage from the same wire or circuit as the stomach does. That means that if you have an infection in an upper molar (stomach meridian), that infection will affect the breast on that side as well as the stomach.

The tooth chart - right side

Sinus: Frontal Pharyngeal Tonsil Genito-Urinary System		Sinus: Sphenoid Palatine Tonsil Hip, Eye, Knee		Sinus: Paranasal and Ethmoid, Bronchus, Nose		Sinus: Maxillary Oropharynx Larynx		Ileum, Jejunum Middle Ear, Shoulder Elbow, CNS
Kidney Bladder		Liver Gallbladder		Lung Large Intestine		Stomach Spleen		Heart, Small Int., Circulation/Sex, Endocrine
								
9	10	11	12	13	14	15	16	
24	23	22	21	20	19	18	17	
								
Kidney Bladder		Liver Gallbladder		Spleen Stomach		Lung Large Intestine		Heart, Small Int., Circulation/Sex, Endocrine
Sinus: Frontal Ear, Pharyngeal Tonsil Genito-Urinary System		Sinus: Sphenoid Palatine Tonsil Hip, Eye Knee		Sinus: Maxillary Larynx, Lymph, Oropharynx Breast Knee		Sinus: Paranasal and Ethmoid, Bronchus, Nose		Shoulder, Elbow Ileum, Jejunum, Middle Ear Peripheral Nerves

Notice: This is only an indication . We often see variations from this chart.

What is a “root canal”

There is often a recurring pattern with teeth. You get a small cavity. The dentist removes about 1/3 of the tooth with undercuts so that mercury amalgam filling won't fall out. This weakens the tooth. Soon it fractures. The dentist then puts a crown on the tooth without removing the amalgam. Now you have an open wound in the tooth with mercury leaking into it. Decay happens but the dentist cannot detect it because x-rays won't penetrate the crown so the x-ray looks fine. Next comes pain. The dentist then recommends a root canal.

A root canal is performed by drilling a small hole into the biting surface of the tooth. An auger is then inserted into the root of the tooth and the artery and nerve are ripped out.

Everyone knows that dead tissue in the body always gets infected. That is why it is surprising that dentists purposefully leave dead teeth in the mouth. The dentists are the only physicians that purposely leave dead tissue in the body!

Most dentists are convinced that they can seal the tooth so that infection in the tooth is impossible. Unfortunately, that is wishful thinking.

Having poisonous mercury coming from your teeth is one problem. Another problem just as severe is having an infected tooth. The teeth that are always infected are root canal teeth, but any cavity or infection under a crown releases the same toxins (www.mercola.com).

A root canal filling can show no evidence or symptoms of infection. Besides, it looks normal on x-ray pictures. “Immediately after Dr. Price extracted the tooth he embedded the tooth under the skin of a rabbit. In two days the rabbit developed the same kind of crippling arthritis as the patient - and in ten days it died”..The patient made a successful recovery after the tooth's removal! She could then walk without a cane and could even do fine needlework again. That success led Dr. Price to advise other patients, afflicted with a wide variety of treatment defying illnesses, to have any root filled teeth out.”

Prevent infected bone

Just pulling the tooth is not enough when removal proves necessary. Dr. Price found bacteria in the tissues and bone just adjacent to the tooth's root. So we now recommend slow-speed drilling with a burr, to remove one millimeter of the entire bony socket. The purpose is to remove the periodontal ligament (which is always infected with toxins produced by streptococcus bacteria living in the dentin tubules) and the first millimeter of bone that lines the socket (which is usually infected).

It's so easy to lose sight of the significance of what Dr. Price discovered. We tend to sweep it under the rug - we'd actually prefer to hear that if we would just brush better, longer, or more often, we too could be free of dental problems. Certainly, part of the purpose of my book is to stimulate dental research into finding a way to sterilize dentin tubules. Only then can dentists really learn to save teeth for a lifetime. But the bottom line remains: A primitive diet of whole unrefined foods is the only thing that has been found to actually prevent both tooth decay and degenerative diseases.

One of the problems with root canals is that they often spread their infection into the surrounding bone. This is a huge problem since infections in bone are so hard to cure.

The majority of patients I see that have been sick for years have dental infections and most improve dramatically when the infection is removed from their teeth and surrounding bones by appropriate dental intervention. Unfortunately, dentists are routinely harassed by their dental boards if they remove amalgam fillings and root canal teeth based on this science. Therefore it is difficult to find dentists to help you when you are sick from your teeth.

In my experience, most diseases that are called "auto-immune" are caused from a hidden infection. Most of the time it is a dental infection. So-called "auto-immune" diseases often resolve after removing a root canal tooth (or teeth) and infections from under crowns and fillings.

Dental clean up

The philosophy of dental treatment taught in America is that teeth are to be saved by whatever means available, using the strongest, most long lasting materials. Long-term toxic effects are of little concern. The attitude of the majority of dentists is: whatever the American Dental Association (ADA) says is OK, they will do.

A more reasonable philosophy is that there is no tooth worth saving if it damages your immune system. Use this as your guideline.

The reason dentists do not see toxic results is that they do not look or ask. If a patient has three mercury amalgam fillings placed in the mouth and a week later has a kidney problem, will she call the dentist - or the doctor? Will they ever tell the dentist about the kidney problem or tell the doctor about the three fillings? A connection will never be made.

It is common for patients who have had their metal fillings removed to have various symptoms go away but, again, they do not tell the dentist. The patient has to be asked! Once the patient begins to feel well they take it for granted, and don't make the connection either. If everybody's results were instantaneous, there would be no controversy.

Find an alternative dentist. They have been leading the movement to ban mercury from dental supplies. Not only mercury, but all metal needs to be banned. If your dentist will not follow the necessary procedures, then you must find one that will.

The guidelines can be summarized as:

1. Remove all metal from the mouth.
2. Remove all root filled teeth.
3. Clean the bone under the removed tooth.



Remove all metal

If you have many crowns, you should have them all removed as quickly as possible. But you should not spend more than two hours in the dentist's chair at any one time. That is too much stress for your body.

We are accustomed to thinking that plastic is metal-free. This is wrong. The original dental plastic, methyl methacrylate was metal-free. But modern plastic contains metal. The metal is ground up very finely and added to the plastic in order to make it harder, give it sheen, color, etc. Dentists are not commonly given information on these metals used in plastics. The information that comes with dental supplies does not list them either.

There are many metals used in dental plastic. Their effects on the body from dentalware have NOT been studied. Yet their cancer-promoting ability is known in many cases. Only metal-free plastic is safe. These are the acceptable plastics; they can be procured at any dental lab.

Plastic for dentures: Methyl Methacrylate. Available in clear and pink. Do not use pink.

Plastic for partial dentures: Flexite. Available in clear and pink. Do not use pink.

Plastic for fillings: Composite Materials.

Take care of your teeth

If you have mercury fillings in your mouth, you must get them SAFELY removed. This means that your dentist needs to give you an auxillary air supply so you won't breath the mercury vapors coming out of your mouth as the dentist drills out the mercury. You also need a dental rubber dam. This is a piece of rubber. The dentist pokes the tooth in question through the rubber sheet. It then captures the pieces of mercury that fall into your mouth so you don't swallow them. If you don't follow these precautions, the mercury will be moved from your mouth to your brain! (www.youtube.com).

Horror of metal dentistry

Why are highly toxic metals put in materials for our mouths? Because not everyone agrees on what is toxic at what level.

Thallium pollution frightens me more than lead, cadmium and mercury combined, because it is completely unsuspected.

After your mouth is metal and infection-free, notice whether your sinus condition, ear-ringing, enlarged neck glands, headache, enlarged spleen, bloated condition, knee pain, foot pain, hip pain, dizziness, aching bones and joints improve.

Symptoms often come back! So go back to your dentist, to search for a hidden infection under one or more of your teeth, or where your teeth once were! That infection can be the cause of timmitus, TMJ, arthritis, neck pain, loss of balance, and heart attacks!

Dentures can be beautiful. Of course, plastic isn't natural, but it is the best compromise that can be made to restore your mouth. At least it isn't positively charged like metals; it can't set up an electric current nor a magnetic field in your mouth, all of which may be harmful.

Do not be swayed by arguments that plastic is not as strong as metal. You see dentures everywhere and they seem strong enough to eat with. You will be told that "noble" metals like gold and platinum and silver are OK, that they are "inert" and do not corrode or seep. Nothing could be more untrue.

As metal corrodes your body absorbs it! In breast cancer, especially, you find metals from dentaware have dissolved and accumulated in the breast. They will leave the breast if you clear them out of your mouth (and diet, body, home). The cysts shrink and are simply gone. No need to do surgery!



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