

Visdoms-ord fra øst og vest



OSO MILJØFOND

-til beste for mennesker og miljø

Visdon

¹
Your discipline is
your only friend.

²
Life starts when
we start growing
a garden.

³
Self-confidence
wins.

⁴
The wind does not
break a bendy tree.

⁵
A tiny impatience
destroys a
great plan.

⁶
There is not much
social progress as
long as there are
unhappy children.

⁷
Feel peace
within yourself.

⁸
Gratitude
leads to love.

⁹
Truth you speak,
Thrust you get.

¹⁰
Peace is respect
of others being
different.

¹¹
Only you can make
yourself perfect.

¹²
Sing from
your heart.

¹⁴
An attitude of
gratitude brings
you opportunities.

¹⁵
Recognize that
the other person
is you.

¹⁶
May your inner
self be secure
and happy.

¹⁷
Happiness is
taking things
as they are.

¹⁸
A relaxed mind
is a creative mind.

¹⁹
See the soul and
divinity in
everybody.

msord

20

Be proud of
who you are.

21

Let your heart
guide you.

22

The art of
happiness is
to serve all.

23

Live for
each other.

24

Only share your
strenghts, not your
weaknesses.

25

If you cannot see
God in all, you
cannot se God
at all.

26

To be calm is the
highest acievement
of the self.

27

Inspiring others
towards happiness
brings you happiness.

28

Blessed is the one
who is undisturbed
by gain or loss.

29

You are meant to
be a lover of
your life.

30

Forgive
as often as
necessary.

31

What you do,
say or think about
others you do
against yourself.

32

The best
in life
is free.

33

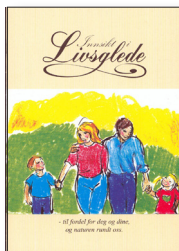
Patience is
the key of
joy.

34

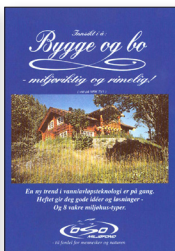
Det er ikke lykke som
gjør deg takknemlig,
men takknemlighet som
gjør deg lykkelig.

Lettleste temahefter av Chris Frølich

Heftene kan også lastes ned fra www.osoecofond.com



1. Livsglede



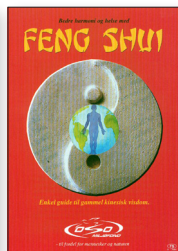
2. Bygge og bo miljøriktig og rimelig



3. Det Haster med gode løsninger



4. Din indre kraft



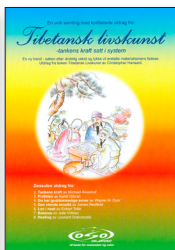
5. Feng Shui



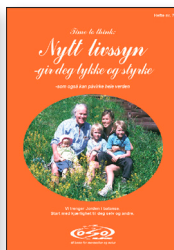
6. Unngå vaksiner



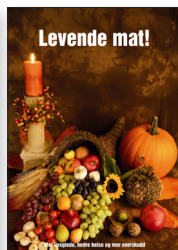
7. Lev frisk lenger



8. Tibetansk livskunst



9. Nytt livssyn



10. Levende mat



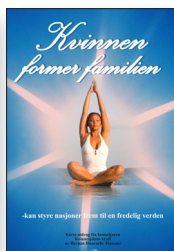
11. Verdens enkleste kosthold



12. Pusten - andens hemmelighet



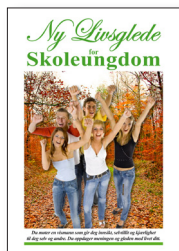
14. Peace is possible



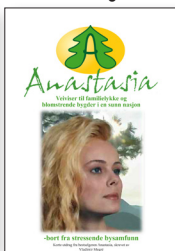
15. Kvinnen former familien



16. Din lille livsveileder



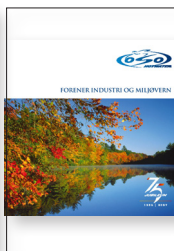
17. Ny livsglede for skoleungdom



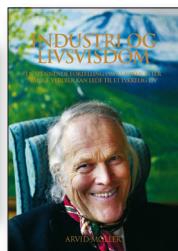
18. Anastasia - veiviseren til familielykke



19. Lev frisk lenger DVD 45 minutter



20. OSO 75 år Jubileumsbok



21. Industri og livsvisdom - 200 sider

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